



**Dr. STANISLAVA NIKOLAEVA HARIZANOVA, M.D., Ph.D.**

*Job position:*

From 02/2008 to 11/2014 – **Assistant Professor of Hygiene** (code of professional field 03.01.32) in the Department of "Hygiene and ecomedicine"

From 12/2014 to present – **Head Assistant Professor of Hygiene** in the Department of "Hygiene and ecomedicine"

*Job Address:*

Medical University – Plovdiv, Faculty of Public Health,  
Department of "Hygiene and ecomedicine", 15 A "Vasil Aprilov" Blvd,  
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*Phone (mobile):*

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*Date and place of birth:*

10/10/1979, Plovdiv, Bulgaria

*Education:*

2005 – Medical University of Plovdiv, Medical Faculty, Degree – Master in Medicine, Professional qualification – Doctor (Physician)

1998 – French Language School "Antoine de Saint-Exupery" of Plovdiv

*Specialty:*

Occupational medicine

*PhD Degree:*

Dissertation title: "Burnout syndrome among employees working in correctional institutions", scientific supervisor Prof. T. Turnovska, MD, PhD, DMSc

*Scientific interests:*

- Occupational medicine;
- Nutrition and dietetics;
- All areas of general hygiene;
- Public health and health management

*Membership in scientific and professional organizations:*

- Bulgarian Medical Association;
- Union of Scientists in Bulgaria;
- European Public Health Association

*Chosen publications:*

*Harizanova St., Mateva N., Turnovska T., Akabaliev V.* Relation between burnout syndrome, personality traits, and maladaptive coping among prison staff. *Bulgarian medicine* 2013; 3 (4): 10-15.

*Harizanova St., Mateva N., Turnovska T., Akabaliev V.* Assessment of burnout syndrome among prison staff. *Bulgarian medicine* 2013; 3 (3): 25-30.

*Harizanova S., T. Tarnovska.* Professional burnout syndrome among correctional facility officers. *Folia Medica* 2013; 55 (2): 73-79. ISSN: 0204-8043.

*Harizanova St.* Antecedences of burnout syndrome among the employees in a penitentiary. *Medical Review* 2013, 49 (1), 29-36.

*Vasileva R., St. Harizanova.* Anthropometric indices and eating habits among students of Medical university-Plovdiv. *Scientific Researches of the Union of Scientists in Bulgaria-Plovdiv* 2013, "Medicine, Pharmacy and Dental medicine" vol.XIII, 63-66.

*Harizanova St., Tarnovska T.* Burnout syndrome – a historical overview, definition, nature, consequences. *Bulgarian Medical Journal* 2013, VII (1), 31-38.

*Stoyanova R., St. Harizanova.* Economic losses by burnout syndrome. *Health Economics Management* 2013; 4 (50), 137-141.

*Goranova-Atanasova V., S. Harizanova, P. Gatseva, R. Vasileva, A. Aleksandrova.* Study of dietary intake and food consumption of omega-6/omega-3 polyunsaturated fatty acids in students. *Nutrition science between discussions and evidences* 2012, 128-131.

*Atanasova V., S. Harizanova, P. Gatseva, R. Vasileva, A. Alexandrova, G. Mihailova.* Medical students's dietary habits. *Public Health and Health care in Greece and Bulgaria: the Challenge of the Cross-border Collaboration in Times of Financial Crisis.* Papazissis Publishers S.A. Athens, Greece, 2011, pp. 741-750.