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Address: MU – Plovdiv, FPH, 15 A Vasil Aprilov Blvd.

Date and place of birth: 29th March 1968, Plovdiv

Position – Chief Assistant Professor at the Department of Nursing Care, Faculty of Public Health (FPH), Ph.D.

University Degree: Ph.D. in Healthcare Management from the Faculty of Public Health; Doctoral Program in ‘Healthcare Management’ at the Department of Healthcare Management, the Medical University of Plovdiv. **Dissertation on: ‘Developing professional competences in future registered nurses during their pre-graduation traineeship’.**

Master of Healthcare Management /FPH, Medical University – Plovdiv; Bachelor of Healthcare Management /FPH, Medical University, Plovdiv

Acquired non-clinical specialty "Medical Pedagogy" 2019

Professional Experience:

2012 – to date – Medical University (MU) – Plovdiv, FPH, Department of Nursing Care, Assistant Professor

Courses of Lectures: Tutorials and Practical Training in Special Nursing Care, and Clinical Practice

Scientific Interests: Philosophy of nursing; special care for patients with various diseases; practical training of medical specialists

Main fields of scientific research and activity:

- Practical training of specialists in Healthcare
- Continuous education of medical specialists
- The role of healthcare specialists in providing health education and training

Membership in Scientific and Professional Organizations:

- Union of Scientists in Bulgaria – Plovdiv Branch
- Bulgarian Association of Healthcare Professionals, Plovdiv Branch
- Bulgarian Association of Public Health, Plovdiv Branch
- The European Public Health Association
- World Federation of Public Health Associations

Selected Publications

1. **Драгушева С.**, Д. Бакова, П. Петлешкова – Роль медицинских специалистов в обучении пациента; Monografia wieloautorska „Indywidualistyczny i wspólnotowy obraz kształcenia dorosłych w świecie; 2018; 70-80; ISBN 978-83-62160-39-6
2. Petleshkova P., M. Krasteva, **S. Dragusheva**, D. Bakova, B. Tornyova, A. Mihaylova, N. Parahuleva – Factors affecting the severity of procedural pain in newborns; International Journal of Medical Sciences „Biomedical Research“ 2018;29 (10): 2049-2052 ISSN 0970-938X / 0976-1683 ;
3. Bakova D., Massaldjieva R., Yaneva A., Kilova K., **Dragusheva S.**, Mavrov M. Health nutrition in the bulgarian community – contemporary approaches. Journal of Environmental Protection and Ecology. 2018; V19(3):1372-1377 ISSN 1311-5065
4. Bakova D., Tornyova B., Semerdjieva M., Davcheva D., Mihaylova A., Petleshkova P., **Dragusheva S.** – Study of the attitude of Bulgarian society towards surrogacy; International Journal of Medical Sciences „Biomedical Research“ 2018 V29(21): 3835-3841; ISSN: 0970-938X (Print)
5. Petleshkova P., M. Krasteva, I. Pacheva, **S. Dragusheva**, N. Vilmosh, P. Kasnakova, N. Parahuleva - Possibilities of arnica D30 for reducing the procedural pain in the neonatal period. International Journal of Medical Sciences „Biomedical Research“ 2019 V30(4):681-685; ISSN 0970-938X
6. Paskaleva T., B. Tornyova, **S. Dragusheva**, P. Petleshkova- Modifiable risk factors for premature aging International Journal of Medical Sciences „Biomedical Research“ 2019 V30(3):426-432; ISSN: 0970-938X
7. Paskaleva T., B. Tornyova, **S. Dragusheva**, P. Petleshkova- Survey and analysis of the prophylactic and medical activity of the elderly and the old people International Journal of Medical Sciences „Biomedical Research“ 2019 V30(3):432-437; ISSN: 0970-938X
8. Paskaleva T., B. Tornyova, **S. Dragusheva**, P. Petleshkova- Modifiable risk factors for premature aging International Journal of Medical Sciences „Biomedical Research“ 2019 V30(3):426-432; ISSN: 0970-938X DOI:[10.35841/biomedicalresearch.30-19-144](https://doi.org/10.35841/biomedicalresearch.30-19-144); <http://www.alliedacademies.org/biomedical-research/>
9. Paskaleva T., B. Tornyova, **S. Dragusheva**, P. Petleshkova- Survey and analysis of the prophylactic and medical activity of the elderly and the old people International Journal of Medical Sciences „Biomedical Research“ 2019 V30(3):432-437; ISSN: 0970-938X <http://www.alliedacademies.org/biomedicalresearch/> DOI:[10.35841/biomedicalresearch.30-19-144](https://doi.org/10.35841/biomedicalresearch.30-19-144)
10. Petleshkova P., M. Krasteva, I. Pacheva, **S. Dragusheva**, N. Vilmosh, P. Kasnakova, N. Parahuleva - Possibilities of arnica D30 for reducing the procedural pain in the neonatal period. International Journal of Medical Sciences „Biomedical Research“ 2019 V30(4):681-685; ISSN 0970-938X; DOI:[10.35841/biomedicalresearch.30-19-128](https://doi.org/10.35841/biomedicalresearch.30-19-128) <http://www.alliedacademies.org/biomedical-research/>

11. Dragusheva S., P. Petleshkova, G. Panova - Incentives motivating mentors and criteria for selecting mentors in the pre-graduation traineeship of future registered nurses. *Macedonia Journal of Medical Sciences*, Skopje; 2019 Okt 15; 7(19):3294-3279; eISSN:1857-9655; <https://doi.org/10.3889/oamjms.2019.714> <https://www.idpress.eu/mjms/authorDashboard/submission/3633>
12. Kasnakova P., **S. Dragusheva**, Ivanova S - Tracing the effect of functional rehabilitation for improving the Quality of life of patients with stroke. Letter to the Editor. *Iran Journal Public Health*, 2020 V49(5):1006-1007; pISSN: 2251-6085, eISSN: 2251-6093 <http://ijph.tums.ac.ir/index.php/ijph>
13. **Dragusheva S.**, Petleshkova P. Преддипломная стажировка медицинских сестёр- предпосылка построения правильного подхода к пациенту. Monografia wieloautorska "Edukacja dorosłych w XXI wieku". Siedlce, Poland 2020; 55-65 ISBN 978-83-64884-15-3
14. **Dragusheva S.**, Petleshkova P., Paskaleva T., Torniyova B. Satisfaction of trainee-nurses with the duration of the pre-graduation traineeship. *Environmental Protection and Ecology*. 2020; V21(6):2373-2380 ISSN 1311-5065 <http://www.jepe-journal.info/>
15. **Dragusheva S.**, Petleshkova P., Uchikov P. Adaptation of nurses to online education and training in COVID-19 pandemic conditions. *Environmental Protection and Ecology*. 2021; V22(3):1290-1296; ISSN 1311-5065 <http://www.jepe-journal.info/>
16. Petleshkova P., Krasteva M. , Semerdjieva M., **Dragusheva S.**, N.Vilmosh N., Angelova I. Application of *Hypericum perforatum* and nonnutritive sucking for analgesia of newborns. *Journal of Environmental Protection and Ecology*. Public health – environmental medicine. 2021, V22(4):1756–1763; ISSN 1311-5065 <http://www.jepe-journal.info/>
17. **Dragusheva S.**, P. Petleshkova - Мотивация медсестр-студентов к послевузовской подготовке. Monografia wieloautorska "Różnorodność w edukacji dorosłych XXI wieku". Siedlce, Poland 2021; p.155-168; ISBN 978-83-66597-12-9
18. **Dragusheva S.**, Petleshkova P., Kasnakova P., Stoeva T. Development and improvement of professional skills and qualities of future nurses during their pre-graduation traineeship. *J of IMAB*. 2021 Oct-Dec; 27(4):4025-4029; ISSN:1312-773X; <https://www.journal-imab-bg.org/>
DOI: <https://doi.org/10.5272/jimab.2021274.4025>