



Факултет по обществено здраве

Катедра „ХИГИЕНА“

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Faculty of Public Health

Department of HYGIENE

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**LECTURES IN
“HYGIENE”
with DENTAL MEDICINE STUDENTS
IV year, Summer semester**

№	TOPIC	HOURS	DATE
1.	Primary, secondary, and tertiary prevention. Aims and scope of hygiene. Basic terminology. State health control and public health protection.	1 hr	07.02.2024
2.	Composition and structure of the atmosphere. Climate, weather conditions, and health. Air pollution and health.	2 hrs	21.02.2024
3.	Drinking water sources and supplies. Water pollution and health. Drinking water quality guidelines, criteria, and standards. Drinking water safeguard zones.	2 hrs	06.03.2024
4.	Soil pollution and waste management. Urban environment, housing conditions, and health.	2 hrs	20.03.2024
5.	Introduction to the study of nutrition. Macro- and micronutrients. Dietary reference values. Nutrition in different population groups and through the life cycle.	2 hrs	03.04.2024
6.	Dietary prevention of noncommunicable diseases.	2 hrs	17.04.2024
7.	General requirements for healthcare facilities and dental clinics. Risk factors and occupational safety in hospitals. Medical wastes management. Determinants of child and adolescent growth and development.	2 hrs	08.05.2024
8.	Occupational medicine. Work-related burden of disease and injury. Work capacity, fatigue, and exhaustion. Ergonomic, physical, and chemical risk factors. Work-related health in dental practice.	2 hrs	22.05.2024
Total		15 hrs	

Developed by: **Assoc. Prof. Angel Dzhambov, MD, PhD, DSc**
/Reader/

Approved by: **Assoc. Prof. Stanislava Harizanova, MD, PhD**
/Head of Department/

Ratified by Departmental Council (Protocol № 01/01.02.2024)