

## STATEMENT

by **Prof. Dr. Emil Ivanov Manov, M.D., Department of Cardiology at the Clinic of Internal Medicine "Prof. Dr. St. Kirkovich" - University Hospital "Alexandrovska", Medical University - Sofia**

**Regarding: Competition for the academic position of "Associate Professor" in the scientific specialty "Cardiology" at the First Department of Internal Medicine, Section "Cardiology" of the Medical University - Plovdiv, announced in the State Gazette, issue 15/21.02.2025. According to the order R-2206/29.04.2025 of the Vice Rector for Research and Development of the Plovdiv Medical University, I have been appointed as an external member of the Scientific Jury.**

**At the first meeting of the Scientific Jury on 07.05.2025 I was assigned to prepare an " Statement".**

In the announced competition for the position of "Associate Professor", one candidate has submitted an application and documents - **Dr. Bistra Vladimirova Yatseva, MD, PhD in Cardiology, Senior Assistant at the First Department of Internal Medicine, Section "Cardiology", Faculty of Medicine at the Medical University - Plovdiv.** According to the requirements of the Law on the Development of the Scientific Staff and the approved Internal Regulations of the Faculty of Medicine, the candidate submitted the necessary documents for the preparation of the expert opinion.

### **Biographical data**

Dr. Bistra Dobрева-Yatseva graduated from the Medical University of Plovdiv in 1988 with distinction. In 1992 she obtained a specialization in Internal Medicine and in 1996 a specialization in Cardiology. She holds a certificate of expert level in echocardiography, stress testing and Holter ECG monitoring. She specialized in stress echocardiography in Nice, France.

She started working as a resident physician in the Department of Internal Medicine at Panagyurishte District Hospital in 1989. From 1993 to 1995 she worked as the Head of the Cardiology Department and Head of the Internal Medicine Department at the Third Municipal Hospital in Plovdiv. After winning a competition, she was appointed as an assistant at the First Department of Internal Medicine, Cardiology Section at the Plovdiv Medical University, where she continues to work. By 2008 she had risen to the position of senior and chief assistant. In 2023, she received the academic degree of Doctor of Medicine, defending a dissertation on "The current profile of patients with infective endocarditis and prognostic indicators of in-hospital mortality".

### **Scientific research activities**

Dr. Bistra Yatseva participates in the competition with a dissertation for the award of the educational and scientific degree "Doctor", a habilitation thesis monography "Platelets - Prognostic Significance in Cardiovascular Diseases", 9 articles in scientific journals, refereed and indexed in world-renowned scientific information databases (Scopus and Web of Science) with a total IF of 21.98, 7 publications in refereed and indexed journals without IF, 11 articles in non-refereed journals with scientific review, and one published chapter from a collective monograph. In three of the publications with IF, as well as in three papers published in journals without IF, the candidate is the first author. The submitted articles are published in leading Bulgarian and foreign journals. According to the reference from NACID, the citations (excluding self-citations) in Bulgarian sources are 9, in foreign sources (Scopus) - 20 as an author and 1140 as a collaborator, in Web of Science sources - 14 as an author and 1066 as a collaborator. There are also 11 citations in other foreign freely accessible online sources. The total number of points in the "Scientific Research Activity" report of Dr. Yatseva exceeds the mandatory minimum scientometric indicators of the Plovdiv Medical University for the competitive position.

Dr. Yatseva's work is highly relevant, interdisciplinary, and combines scientific value and clinical-practical applicability. They are mainly focused on the prognostic significance of platelets in cardiovascular diseases, predictors of in-hospital mortality in infective endocarditis and its clinical features, physiology, pathophysiology and clinical significance of the response to exercise and physical training in patients with heart failure, cardiovascular risk, acute and chronic forms of coronary disease, etc. Additional value is provided by papers on COVID-19 morbidity, diagnosis and treatment of ulcerative colitis, as well as precisely presented and discussed rare clinical cases. The theses, clinical interpretations

and conclusions are adequate and original and definitely have serious scientific and applied potential.

In addition, materials from numerous participations in prestigious national and international scientific forums are provided.

**The number, nature, and contribution of the materials meet the requirements and are sufficient for the competitive position.**

**Participation in Editorial Boards:** A certificate has been provided, confirming the candidate's status as a reviewer for the journal "Folia Medica", as well as an extract of 9 reviews prepared.

### **Participation in Scientific Projects**

Dr. Yatseva has extensive experience as a scientific researcher. She has submitted documents for participation in three intra-university and three international scientific projects. She has participated in many international clinical studies and observations in the field of cardiology.

### **Membership in Scientific and Professional Organizations**

The candidate is a member of the Bulgarian Medical Association (BLS), the Society of Cardiologists in Bulgaria, and the European Society of Cardiology.

### **Teaching Activity**

According to the submitted references and certificates from the Plovdiv Medical University on teaching activity and workload for the last three academic years, the distribution of Dr. Yatseva's teaching activity is as follows: exercises, seminars and practical trainings for students, interns and specialists - 300 hours, 50 hours of pre-graduate internship for students and 20 hours of semester exams for the academic year 2021-2022, for the academic year 2022-2023 - a total of 664 hours, and for the academic year 2023-2024 - 930 hours of teaching activity, scientific activity and extracurricular activity.

By order 837/31.10.2022 of the Executive Director of the St. George University Hospital, Plovdiv, Dr. Yatseva was appointed as the supervisor of the specialization "Cardiology" of Dr. Kuchmov.

### **Diagnostic and therapeutic activity**


Dr. Yatseva is board certified in internal medicine and cardiology. She is an experienced and competent cardiologist with extensive knowledge and deep interests in various areas of cardiology and internal medicine. She is proficient in detailed functional methods in cardiology, including highly specialized ones, for

which she holds the relevant certificates. Dr. Bistra Yatseva is a lecturer with many years of experience, respected by students, residents and specialists.

### **Conclusion**

I believe that **Dr. Bistra Vladimirova Yatseva** with her professional qualifications as a practicing physician, lecturer and scientist, fully meets the requirements of the regulatory framework at the Plovdiv Medical University. This gives me reason to recommend to the esteemed members of the Scientific Jury to vote positively for the appointment of Dr. Yatseva, MD, as "Associate Professor" at **the First Department of Internal Medicine, Section "Cardiology" of the Faculty of Medicine at the Medical University - Plovdiv.**

Заличено на основание  
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Prof. Dr. Emil Manov, MD