

OPINION
ON THE COMPETITION FOR THE ACADEMIC POSITION "PROFESSOR"
IN MU-PLOVDIV,
IN ACCORDANCE WITH ORDER No. R-3669/22.07.2025

Assoc. Prof. Dr. Stanislava Harizanova is a medical doctor with a Master's degree in Medicine from Plovdiv Medical University in 2005. She additionally specialized in "General Medicine", "Occupational Medicine" and "Nutrition and Dietetics", with all three specialties shaping her as a specialist in the field of hygiene. This is how her career goes – assistant, chief assistant, associate professor in the Department of Hygiene, which she subsequently heads since 2020. Since 2022, she is also a Deputy Dean of the Faculty of Public Health at MU-Plovdiv. Since 2014, she has been a Doctor of Medicine with a defended dissertation in the field of occupational medicine. Assoc. Prof. Harizanova also has a specialty in "Nutrition and Dietetics", which is a mandatory condition for participation in this competition.

Assoc. Prof. Harizanova has submitted the following materials for the competition:

- Abstract of a dissertation
- Habilitation thesis (monograph) on the topic "Academic burnout in medical students: Assessment and approaches to prevention"
- Publications and reports published in scientific journals, referenced and indexed in world-renowned databases of scientific information – 21 issues (most of them with impact index)
- Publications and reports published in non-refereed journals with scientific review or in edited collective volumes – 24 issues
- Detailed list of citations in scientific publications, monographs and books – a total of 63 citations of 13 articles
- Separate lists of citations in SCOPUS and Web of Science
- Documents for a doctor of medicine, for the 3 specialties acquired, for her knowledge in the field of a foreign language, a list of participation and leadership of scientific and educational projects, including international ones, published textbooks and teaching aids with the participation of Assoc. Prof. Harizanova data on her teaching work (load), scientific work, doctoral students under her supervision and other similar mandatory requirements
- Reference for original contributions with evidentiary materials
- According to the reference made in the self-assessment of Assoc. Prof.

Harizanova, the number of points on the mandatory minimum scientometric indicators for the academic position "Professor" is a total of 5420.1 - in many of the indicators they far exceed the mandatory requirements.

Assoc. Prof. Harizanova's scientific output is enormous and is mainly in the field of occupational medicine. Some of the published and referenced materials relate to occupational stress and burnout - the effect among healthcare workers (healthcare workers, nurses) during the Covid-19 pandemic, among medical students, among supervisors, among the academic staff at

the Medical University, and among IT workers. Some of the articles are in the field of legal protection of workers with mental health problems in our country, in the monitoring of health risks associated with biomodifications.

The candidate has also researched the nutrition of students and workers in mechanical engineering and the associated health risks, with some of these publications again in the field of occupational medicine.

In general, Assoc. Prof. Harizanova's scientific activity is at a high level and through the publication of scientific works, her participation in scientific forums, the publication of a monograph, textbooks, and teaching aids, she contributes to the dissemination and application of scientific achievements.

Assoc. Prof. Harizanova participates in and leads innovative projects in the field of her knowledge of burnout syndrome, which have made serious scientific contributions to the development of information systems, assessment of the syndrome, and risk management in various conflict situations in the work environment.

Assoc. Prof. Harizanova has great authority as a scientist in the field of occupational medicine, in the field of medical education (hygiene), among the scientific community in the field of occupational hygiene and among medical students. Her textbooks and publications are used as a basis for carrying out preventive activities in the presence of work-related stress among medical workers, students, and other professions. Evidence of this is the numerous citations that are described in the submitted materials and documented by the SCOPUS and Web of Science platforms. This speaks of serious international interest and recognition by the international scientific community for her publications.

She also has two successful doctoral students.

The overall assessment of the candidate's compliance with the minimum national requirements for acquiring the academic position of "Professor" is very high and is based on the submitted materials, which exceed these minimum requirements in most of the indicators.

The presented research activity is characterized by a high degree of topicality of the thematic areas, wide coverage in established scientific publications and ensured visibility through presentation of the results at national and international conferences and publications in prestigious scientific journals. The scientific contributions reflect a thorough, systematic and interdisciplinary approach, with a clear focus on key areas of hygiene and public health. Some of the publications and the corresponding scientific results have been carried out within the framework of university and international scientific projects, while others have been implemented in collaboration with academic structures from the Medical University - Plovdiv and international partners (Romania and Macedonia). The active participation of undergraduate and graduate students in the research process is essential for generating innovative scientific ideas and conducting empirical studies across a wide range of topics. This collaboration contributes to the creation of publications of high scientific value, realized in reputable journals with a high impact factor.

In conclusion, Assoc. Prof. Dr. Stanislava Harizanova fully meets the mandatory and specific conditions, as well as all scientometric indicators and criteria for obtaining the academic position of "Professor" and at the same time, I will confidently vote **positively** for the acquisition of the academic position of "Professor" for Assoc. Prof. Dr. Stanislava Harizanova in Hygiene, field of higher education 7. Health and Sports, professional field 7.1. Medicine.

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