

LECTURE PROGRAMME
DENTAL PREVENTION
III COURSE, V SEMESTER, ACADEMIC YEAR 2026/2027

№	TOPICS	HOURS	DATE
1.	Introduction to dental prevention- aim, basic directions, types, strategies and forms of dental prevention – responsibilities.	1	15.09. - 25.09.2026
2.	Etiology of dental caries- role of primary and secondary factors.	2	28.09. - 09.10.2026
3.	Pathogenesis of dental caries- theories, contemporary opinion, demineralization and remineralization of enamel	2	12.10. - 23.10.2026
4.	Histopathology of dental caries.	1	26.10. - 06.11.2026
5.	Oral hygiene – dental biofilm, methods for assessment of dental plaque accumulation.	2	09.11. - 20.11.2026
6.	Oral hygiene – mechanical and chemical control of dental plaque, oral hygiene instructions, individual programmes.	3	23.11. - 04.12.2026
7.	Nutritional prevention of oral diseases.	2	07.12. - 18.12.2026
8.	Fluoride prevention of dental caries – fluoride metabolism, mechanisms of caries prevention, and toxicology of fluoride.	2	21.12. - 29.12.2026

TOTAL: 15 h

Lecture: Prof. A. Belcheva, DDS, PhD, MSc
 Wednesday: 09:30 – 11:00 /I week/
 Auditorium 1, Faculty of Dental Medicine

HEAD OF DEPARTMENT: /s/
/Prof. A. Belcheva, DDS, PhD, MSc/

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